



## Walking Our Talk Policy

Walking Our Talk sessions are open to Certified Practitioners and Student Practitioners of the RPA. They are group Repatterning sessions, carried out online via encrypted Zoom video conferencing.

Sessions are recorded and the audio recording is made available on the Walking Our Talk page for three months, after which they will be taken down. The practitioner conducting the session may also share the session's notes on the Walking Our Talk discussion board after the session has been concluded.

If unable to join the call live, practitioners are welcome to proxy themselves into the session, either while it is happening, or by listening to the recording or reviewing the session notes later. If listening to the recording/reading through the session notes, feel free to add your own statements. Check yourself for resonance before and after listening to/reading the session.

In the interests of creating a safe, relaxed, and welcoming environment for all participants, doors will open fifteen minutes before the session and close just before the session begins.

Everyone is expected to adhere to the following guidelines:

1. *Hold the healing space:*

As the name of this program implies, Walking Our Talk means we treat sessions in this program with the same respect as we expect from our own clients and/or practitioners. By taking part, you are expected to hold the healing space for all involved - the practitioner as well as those receiving this session at this time or through proxy. Please be self-responsible and think about the position your actions place the practitioner and other participants in. We are a community, let's take care of each other.

2. *Ensure confidentiality/privacy for others on the call:*

Participants are expected to respect and uphold the privacy and confidentiality of others during and after the call. Please make sure you are alone or are using headphones to ensure privacy, by ensuring that non-participants are unable to listen in or overhear the session.

3. *Ensure your own safety and readiness to receive the session:*

In the interest of your own and others safety, please make sure you are comfortable and able to give the session your full and complete attention. Refrain from driving, eating, surfing the internet, and other activities which distract your attention.

4. *Be open about your identity:*

Similar to any other session, please reveal your identity at the start of the call, by either unmuting your camera, saying hello, or making sure your name is displayed accurately when you log into the call.

If you are a Certified or Student Practitioner and wish to lead a Walking Our Talk session, please contact the Walking Our Talk host [here](#).

By participating in Walking Our Talk events you are agreeing to abide by the guidelines set out in this policy.

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It is the responsibility of the Walking Our Talk host to remind the participants of this policy at the beginning of the call and it is the responsibility of participants to familiarise themselves with this policy and uphold it. Participants who are unwilling to comply will be removed from the call.

The above policies are reviewed annually by the Walking Our Talk host and RPA Programs Chair and any changes/updates are presented to the RPA Board for approval. They are also displayed prominently on the Walking Our Talk webpages.

*This policy was last reviewed by the RPA Board on 7 May 2020*